



Dear Sir or Madam,

we are pleased to announce you that the Croatian Psychological Association, Croatian Psychological Chamber and Faculty of Kinesiology University of Zagreb are co-organising Sport Psychology Workshop and 3rd International Sport Psychology Symposium which will be held at Faculty of Kinesiology in Zagreb, on 6th and 7th of May 2017, respectively.

One-Day Applied Sport Psychology Workshop

INTEGRATING THE 5CS APPROACH INTO YOUR PROFESSIONAL CONSULTING SERVICES

It is our honour to invite you to participate in workshop which will be held by distinguished Professor **Dr. Chris Harwood**.

Reader in Applied Sport Psychology
Deputy Associate Dean (Teaching)
School of Sport, Exercise & Health Sciences,
Loughborough University, Loughborough, Leicestershire

Chris is a BASES High Performance Sport Accredited Psychologist and BPS Chartered Psychologist who has consulted with a variety of National Governing Bodies, Professional organizations, athletes and coaches over the past 15 years. In 2011, Chris was awarded a BASES Fellowship in recognition of his contribution to applied sport psychology in the UK and long term services to BASES in promoting the development of psychology as a sub discipline of sport science and prior supervised experience programmes. His applied experiences reflect his interest in coach education and parent education, alongside the psychological development and education of junior and senior athletes. He acts as a consultant for the Lawn Tennis Association, Tennis Midlands, Nottinghamshire Cricket, and Nottingham Forest FC Academies, having served as Club Psychologist for Nottingham Forest FC between 2002-2004. He is currently the Vice-President of the European Federation of Sport Psychology and serves as an Associate Editor of the Journal of Applied Sport Psychology. He is also an editorial board member for The Sport Psychologist

The Workshop will take place on Saturday, 6th of May 2017, from 9:00 AM to 5:00 PM with a lunch break in-between morning and afternoon session.

The workshop will be held in English.

Short description of workshop:

This workshop will focus on the different strategies and programmes of work that a practitioner can use to improve five primary psychological and social skills in athletes, namely the 5Cs (see www.the5Cs.co.uk). The 5Cs refer to an athlete's level of Commitment, Communication, Concentration, Control and Confidence. Practitioners will explore a range of techniques designed to shape the 5Cs in clients, as well as examples of work with coaches and parents to influence the psychological development of the athlete. Case studies of practical interventions in professional sport will also form a key section of the day.



3rd International Sport Psychology Symposium

BE BETTER WITH SPORT PSYCHOLOGY!

The Symposium will take place on Sunday, 7th of May 2017, from 9:00 AM to 5:00 PM with a lunch break in-between morning and afternoon session.

Symposium Speaker Schedule

08:30 – 09:00	PARTICIPANT REGISTRATION
09:00 – 09:45	OPTIMISING THE YOUTH SPORT EXPERIENCE: IMPLICATIONS FOR SPORT PSYCHOLOGY, Chris Harwood
09:45 – 10:20	SPORTS PSYCHOLOGY TECHNIQUES AND THE BEGINNING GOLFER – WHAT WORKS?, Marc Lochbaum
10:20 – 10:55	PUBLIC IMAGE OF ATHLETES AND EFFECT OF MEDIA ON THEIR PSYCHOLOGICAL PREPARATION, Tanja Kajtna
10:55 – 11:15	COFFEE BREAK
11:15 – 11:50	LEADERSHIP POWER IN SOCCER, Erkut Konter
11:50 – 12:25	COACH-ATHLETE RELATIONSHIP- A RELATIONSHIP THAT MATTERS, Michela Bednarikova
12:25 – 13:00	AN INTRODUCTION TO MINDFULNESS, David McMurtry
13:00 – 14:00	LUNCH BREAK
14:00 – 14:35	PSYCHOLOGICAL ASPECTS OF SPORT INJURY AND REHABILITATION, Cristiana Conti
14:35 – 15:10	ULOGA SPORTSKOG PSIHOLOGA U PRIPREMI KOŠARKAŠKIH SUDACA NA FIBA NATJECANJIMA, Dubravka Martinović
15:10 – 15:45	PSIHOLOŠKA PRIPREMA SPORTAŠA U JEDNOM OLIMPIJSKOM CIKLUSU, Marijana Mladenović
15:45 – 16:20	NEGATIVNI ASPEKTI JUNIORSKOG SPORTA, Marija Srećkov
16:20 – 16:55	PRIKAZ MODELA RADA SPORTSKOG PSIHOLOGA S DJECOM SPORTAŠIMA, Vesna Hude

Registration to Education or/and Symposium:

Please announce your attendance by sending an e-mail to psihologija.sporta@kif.hr

Participation fee*:

- 350kn (45€) workshop (only for psychologists)
- 300kn (40€) symposium (for psychology and sport professionals)
- 150kn (20€) for students (per day)

For those participants who will attend both Workshop and Sport Psychology Symposium total participation fee is 550kn (70€).

For students who will attend both Workshop and Sport Psychology Symposium total participation fee is 300kn (40€)

*The participation fee includes coffee breaks.

Money transfer fees must be paid by the participant.

Please note: for "Sport Psychology Education or/and Symposium"

Payment modes:

Bank Draft

Kineziološki fakultet, Horvaćanski zavoj 15, 10000 Zagreb, Croatia

Account No:

IBAN:76 25000091 101232805, Addiko Bank

BIC: HAABHR22

We urge all participants to send proof of the registration fee payment as a PDF via e-mail (psihologija.sporta@kif.hr) or via fax (+385 1 3634-146).

Deadline for payment is 24th April 2017.

All payments after that date will be extra charged for 10 €

For all further details, please do not hesitate to contact us on our e-mail psihologija.sporta@kif.hr or phone number ++385 1 3025-602.

We are looking forward to welcome you in Zagreb!

On behalf of the Organizing committee,

Renata Barić, PhD, president

